

MAXWELL AESTHETICS

Nestled in the heart of Nashville TN, Maxwell Aesthetics is a World Class Clinic and Surgery Center overseen by G. Patrick Maxwell, M.D. Our trusted teams of experts all have a common goal: Renew Skin, Restore Health and Deliver Results. Featured as one of the country's top facilities by the media, the clinic is visited daily by some of the world's most photographed faces.

Whatever your concern, whatever your skin type or issue, it is our goal at Maxwell Aesthetics to give you the tools necessary for a healthy complexion and lifestyle.

Our comprehensive collection of products and services have been personally chosen by Stephanie Maxwell to address the skin and wellness issues men and women of all ages and ethnicities face. Expect the most advanced science, progressive ingredients and healing botanicals available. We believe everyone can achieve beautiful skin, and it's our promise to guide you there.



Maxwell Aesthetics the Clinic is comprised of the most experienced medical professionals and aestheticians working together to bring you the most advanced technology to deliver superior health and wellness.

We highly recommend that you meet with a Clinic Expert for an in-depth consultation to map our your customized skin care needs. Every person's skin is different, therefore, scheduling a consultation is the first step to achieving that signature Maxwell Aesthetics glow.

**FACIALS / 3**

- MA Signature Facial
- MA 30-Minute Facial
- MA Anti-Aging Facial
- MA Pure Results Cleansing Facial
- MA Hangover Facial
- The Alford and Hoff Men's Facial

**TREATMENTS / 4**

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- Rejuvenation Anti-Aging Infusion
- Opulence Brightening Infusion
- Ultimate Infusion
- Clarity Infusion
- Intracutaneous Infusions Series
- SilkPeel Microdermabrasion with Dermal Infusion
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  - Brightening Formula
  - Clarifying Formula

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- Baby Blue

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- Botox Cosmetic
- Hyperhydrosis
- Dysport
- Juvéderm
- Juvéderm XC
- Restylane
- Perlane
- Radiesse
- Artefill
- Hand Rejuvenation
- Designer Liquid Facelift
- ViPeel

**ADD ONS / 8** MA Enzyme Peel  
 MA Glycolic Peel  
 MA Exfoliating Treatment  
 MA Hand Treatment  
 MA Foot Treatment  
 MA Skin Tight Treatment  
 MA Eye Treatment  
 MA Lip Treatment  
 Clarisonic Opal Sonic Treatment  
 Intraceuticals Mini-Infusion Treatment with Facial

**WAXING / 10** Lip/Chin  
 Cheeks  
 Brow  
 Ear  
 Underarm  
 Full Arm  
 Half Arm  
 Chest  
 Stomach  
 Back  
 Half Back  
 Basic Bikini  
 The Betweeny Wax  
 Brazilian Bikini (the full monty)  
 Lower Leg  
 Upper Leg  
 Upper Leg/Bikini  
 Upper Leg/Brazilian  
 Full Leg (without bikini)  
 Full Leg (with reg. bikini)  
 Full Leg (with brazilian bikini)

**CLINIC POLICIES / 12** Policies  
 Hours  
 Location  
 Accommodations

**MA Signature Facial**

Designed to deliver healthy radiant skin, this facial includes a gentle exfoliating wash, triple oxygen energizing mask, an essential oil neck and shoulder massage, an exfoliating and softening hand and foot treatment, a Phyto scalp massage, and to finish, a triple oxygen plus C energizing cream. Skin is left smoother, clearer and healthier than before. *60 minutes*

**MA 30-Minute Facial**

A quickie version of our signature facial if you are in a hurry and need a quick complexion boost. *30 minutes*

**MA Anti-Aging Facial**

This ultra luxurious treatment combines the best in advanced facial technologies to pamper skin and deliver results, while addressing early signs of aging to resurface and revitalize the face, décolleté and hands. This treatment begins with a gentle cleansing of the skin, followed by an amino acid exfoliating serum, triple oxygen energizing mask, an exfoliating and softening hand and foot treatment, a Phyto scalp massage followed by Youth moisture cream. This facial finishes with 20 minutes of red light therapy to stimulate collagen, diminish fine lines, wrinkles and enlarged pores. Extremely effective in firming and toning the skin. *80 minutes*

**MA Pure Results Cleansing Facial**

The ultimate in cleansing for acne prone skin. This treatment effectively deep cleanses and tones problematic skin, followed by a steep clean mask to keep breakouts at bay. This facial finishes with 20 minutes of blue light therapy that works by killing acne causing bacteria and inflammatory acne. *60 minutes*

### MA Hangover Facial

Involves not one bit of poking, prodding, or overly intensive pummeling, making it the perfect pick for post-reveling recuperation. Start this treatment by sipping on a “cocktail” of David Kirsch Vitamin Super Juice to restore electrolyte balance. This facial begins with gentle exfoliating wash, a purifying essential oil neck and shoulder massage, a triple oxygen instant energizing facial mask and eye mask, baggage handler eye gel, and lastly, an oxygen plus C energizing cream. Walk out with David Kirsch thermo bubbles to get you back in action. *60 minutes*

### The Alford and Hoff Men’s Facial

This science based facial uses revolutionary “SIR2stac Complex” to deliver immediate firming and the reduction of fine lines and wrinkles. This facial begins with a deep cleanse, microderm scrub, triple oxygen energizing mask and follows with a state of the art serum that combines six powerful ingredients that combat and reverse the skins aging process. *60 minutes*

## The Intraceuticals Infusion Treatments

Intraceuticals Oxygen Infusions are a luxurious marriage of state-of-the-art oxygen technology and restorative relaxation. This revolutionary skin care treatment simultaneously infuses moisture, vitamins and antioxidants into the skin via cooling, calming topical hyperbaric oxygen resulting in luminous, unparalleled hydration and visible age defying results. Rehydrated, plumped up skin in less than an hour has garnered some of Hollywood’s most famous & beautiful devotees - you will love it too!

### Rejuvenation Hydrating Infusion

This unique skin care treatment simultaneously infuses moisture, vitamins and anti-oxidants into the skin via cooling, calming topical hyperbaric oxygen resulting in luminous, unparalleled hydration and visible, age defying results. Your skin will instantly feel rejuvenated with improved firmness and a noticeable lift. *40 minutes*

### Rejuvenation Anti-Aging Infusion

All the benefits of the Rejuvenation Hydrating Infusion, with the addition of Atoxylene Infusion - a natural amino peptide complex proven to relax the dermis and significantly smooth the appearance of fine lines and wrinkles. Designed to smooth the forehead, soften eye contour and immediately plump and smooth the lips. Experience visible line smoothing and firming instantly! *55 minutes*

### Opulence Brightening Infusion

The Opulence Brightening Infusion combines botanical brighteners and super concentrated Vitamin C to balance uneven skin pigmentation leaving skin radiant with renewed luminosity. *40 minutes*

### Ultimate Infusion

All the benefits of the Rejuvenation Anti-Aging Infusion, with the addition of a radiance revealing combination of botanical skin brighteners and super concentrated Vitamin C. The Ultimate infusion safely and naturally treats the cause of uneven skin tone while dramatically brightening the skin for a luminous skin clarifying effect. This treatment also targets the delicate neck and décolleté and includes a special infusion treatment for the hands. You will emerge radiant with renewed luminosity. *80 minutes*

### Clarity Infusion

In just one treatment your skin will look and feel clarified and calm. Acne is diminished and pore-aggravating bacteria is minimized, while oil free nourishers ensure moisture balance is maintained to help prevent future breakouts.

*40 minutes*

### Intraceuticals Infusions Series

The results of the Intraceuticals Infusion Treatments are accumulative and continue to improve with repeated application. A course of six applications over six weeks is recommended to achieve optimum results. Following this and to maintain results, applications will only be required every four to six weeks.

*6 weeks*

### SilkPeel Microdermabrasion with Dermal Infusion

**Hydrating Formula:** Hyaluronic acid remains the primary ingredient in this new hydrating formula. We have now combined hyaluronic acid with other powerful humectants to deliver rich, nutritive moisturization to quench even the thirstiest skin.

*40 minutes*

**Brightening Formula:** The powerful trio of Kojic Acid, Arbutin and Mulberry work together to protect the skin and prevent future damage from reactive oxygen cells and sun exposure.

*40 minutes*

**Clarifying Formula:** Salicylic acid remains the primary ingredient in this new clarifying solution. With the addition of aloe extract, patients with even the most sensitive, acne prone skin, now have an option that is both soothing and effective.

*40 minutes*

### Baby Quasar

Using superior technology, Baby Quasar works by stimulating the production of collagen, thereby diminishing the appearance of fine lines, wrinkles, and enlarged pores. Clinical research has shown that red and infrared light can also be extremely effective in firming and toning the skin and increasing blood flow and circulation. Gentle, natural, safe, and painless, both can be used on all skin types and all skin tones.

*20 minutes*

### Baby Blue

The Baby Blue light works by killing the acne-causing bacteria, P. Acne, and works well in treating inflammatory acne vulgaris that has not responded to other acne therapies.

*20 minutes*

### Injectables

Botox Cosmetic  
 Hyperhydrosis  
 Dysport  
 Juvéderm  
 Juvéderm XC  
 Restylane  
 Perlane  
 Radiesse  
 Artefill

### Specialties

Hand Rejuvenation  
 Designer Liquid Facelift  
 ViPeel

#### MA Enzyme Peel

An exfoliating enzyme from a Japanese mushroom along with 14 other botanicals – including a combination of extracted oils from lavender, coriander and Roman chamomile flowers – a potent combination of ingredients that work synergistically together to gently exfoliate your skin.

#### MA Glycolic Peel

The MA Glycolic Peel effectively reduces skin-aging effects, leaving skin looking younger and healthier by utilizing the unique qualities of glycolic acid combined with a low pH, allowing for optimal penetration and exfoliation of the skin.

#### MA Exfoliating Treatment

This serum smoothes fine lines and minimizes pores while it gently exfoliates to address uneven skin texture. It attracts up to 3 times the normal moisture levels for supple skin and brightens skin discolorations (age spots, sun spots, post-breakout dark spots).

#### MA Hand Treatment

This paw-pampering treatment smoothes and lightens spots with a youth-inducing exfoliating peel, followed by high intensity hand cream to soften skin.

#### MA Foot Treatment

Our action-packing tube of peppermint and salicylic acid foot-softening splendor makes skin noticeably soft and silky after a single coating. Smooth on daily for feathery-tender feet.

#### MA Skin Tight Treatment

Give a bulge-battling boost to any facial, with a slathering of two slimming creams that pinpoint your pudgier parts (choose hips and thighs, torso, or arms).

#### MA Eye Treatment

The essential addition to any facial, this peeper-perfecting treatment includes a wrinkle renovating exfoliating peel, a dark-circle-diminishing 'round the eye' hydro-gel massage and a de-puffing energizing eye mask. Its instant brightening, smoothing and hydrating effects will leave you wide-eyed.

#### MA Lip Treatment

Introducing the stiff upper lip treatment engineered to address all of the physical factors that exemplify upper lip aging. Formulated with a powerful retinol 'patch,' GABA, and an advanced pigment brightening complex, this treatment plumps upper lip lines and reduces upper lip hyperpigmentation.

#### Clarisonic Opal Sonic Treatment

Sonic fusion combined with Anti-Aging Serum provides an immediately noticeable reduction of fine lines and wrinkles that lasts for hours, with results that build over time.

#### Intraceuticals Mini-Infusion Treatment with Facial

A mini version of any of our Infusion Treatments. Choose between Hydrating, Anti-Aging or Brightening.

## Waxing

We perform quick, expert, and 'as painless as possible' waxing to remove unwanted hair from (practically) anywhere. For best results, hair should be at least 1/4 inch in length.

- Lip/Chin - Get rid of fuzz in five minutes.
- Cheeks - Uses strip-less wax to remove unwanted hair.
- Brow - Book a one-way trip to 'wow' brows.
- Ear - Get a quick and as painless as possible wax.
- Underarm - Shrink-wraps hair without sticking to the skin.
- Full Arm - Bid unwanted fuzz a pain-free farewell.
- Half Arm - Wince-free wonder waxing.
- Chest - Super speedy strip waxing.
- Stomach - Removes all hair from the abdomen pain-free.
- Back - Get super smooth with wince-free strip waxing.
- Half Back - Get a quick, expert, and as painless as possible waxing.
- Basic Bikini - Uses extremely gentle poetic strip-less wax.
- The Betweeny Wax - Goes beyond our basic bikini wax, but stops short of Brazilian.
- Brazilian Bikini (the full monty) - The Brazilian that's won a gazillion fans.
- Lower Leg - This super smooth waxing last weeks longer than shaving.
- Upper Leg - Thoroughly removes all hair w/painless as possible wax.
- Upper Leg/Bikini
- Upper Leg/Brazilian
- Full Leg (without bikini)
- Full Leg (with reg. bikini)
- Full Leg (with brazilian bikini)

### Consultations

We are dedicated to helping clients achieve their skin-care goals. If you would like to have a complimentary consultation before choosing a service, please call our front desk and request a time to meet with one of our highly trained aestheticians.

### Scheduling

Appointments are preferred, but not always necessary. If we have available Maxwell Skin Experts, we will be happy to provide your desired treatment. However, most procedures are booked several weeks in advance.

### Arrival

Check in with the front desk at least 15 minutes prior to your scheduled appointment to prepare for your treatment. As we are a medical skin spa, we require that new clients fill out skin-care history information and treatment consent forms. For your convenience, you can now download the new-client paperwork from our website.

### Late Arrivals

Our scheduling is designed to permit the correct amount of time to complete your service. A late arrival will deprive you of precious treatment time. In fairness to others, your treatment must end on time so the other clients' sessions can begin on time. If you are not able to be on time, we will do our best to complete as much of your treatment as possible; however, with some treatments, it may be necessary to reschedule your appointment.

### Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule your appointment, please notify us as soon as possible.

### Product Returns

Your satisfaction is our utmost concern. If you are not satisfied with one of our products, please bring in the product with your receipt within two weeks of the purchase. We will gladly exchange the full value of the returned product for a product or products more suited to your desired result. If you do not wish to have a product exchange, we would be happy to give you a credit card toward one of our services, or a refund credited back to you in the same method of payment used for purchase.

### Payment

Maxwell Aesthetics accepts cash, Visa, Mastercard, Discover and American Express. We also have custom financing packages available for several of our series of treatments.

### Gratuities

Gratuities are at your discretion and are not included in any service or package.

### Valuables

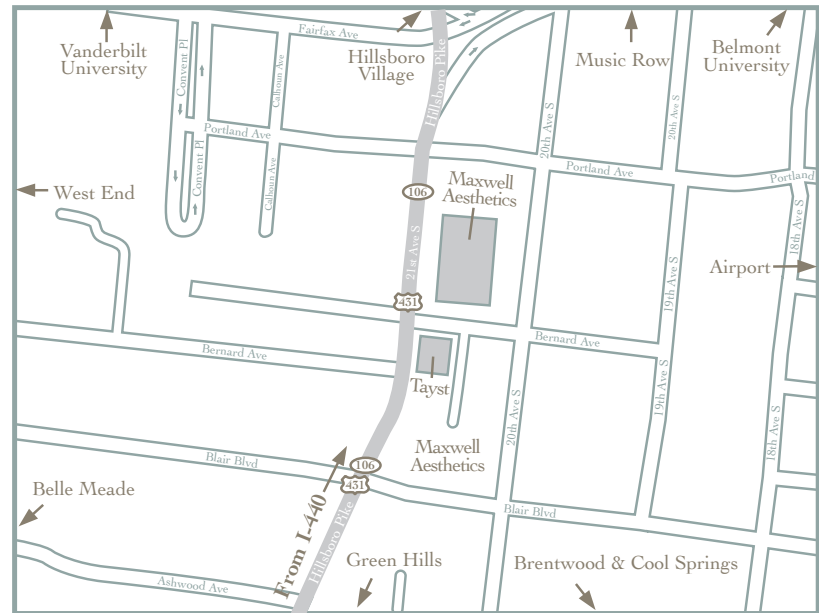
We are not responsible for lost or stolen items, and encourage you to leave valuables at home.

### This Is Your Time to Relax

Please leave babies, children and pets at home. Turn off cell phones and pagers. Inform our front desk staff if you have any special needs or concerns, to allow us to ensure your time spent with us is a memorable experience.

*All prices are subject to change without notice. All times stated are approximate.*

*Maxwell Aesthetics reserves the right to refuse services at our discretion.*



2020 21st Avenue South, Nashville, Tennessee 37212  
 TEL: 615.932.7700 FAX: 615.932.7707

Monday – Thursday 8:00am to 4:30pm  
 Friday 8:00am to 12:30pm

**Out of Town Patients**

We serve patients from throughout the United States and across the globe. Maxwell Aesthetics is highly skilled in providing travel arrangements to make your visit convenient and comfortable. Feel free to request a consultation with Dr. Maxwell or call us at 615.932.7700 to arrange your visit.

**Hotels**

- The Hutton Hotel  
 1808 West End Avenue, Nashville, TN 37203 ..... (615) 340-9333
- Loews Vanderbilt  
 2100 West End Avenue, Nashville, TN 37203 ..... (615) 320-1700
- Marriott Vanderbilt  
 255 West End Avenue, Nashville, TN 37203 ..... (615) 321-1200

**Transportation**

- Music City Taxi ..... (615) 865-4100
- Nashville Limo ..... (877) 255-0033
- Anytime Transport ..... (615) 254-7433
- Sedan on Demand ..... (615) 254-4600
- Yellow Cab ..... (615) 256-0101

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